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Learning Companion for NLP International Online Conference 2021

Defining your outcome to maximize your learning

1) What is the outcome you want to achieve for yourself in 2021?

(Be specific about the context you want to set yourself manifesting this outcome. In what situation, with whom, where and by when.)

2) What difference it will make by achieving this outcome? Why is this outcome worthwhile and important to you?

(Focus on areas that truly matters. Please watch this video to understand What produces transformational results and lasting changes in people? <https://youtu.be/MiJKd2IT31U>)

3) Where are you at right now with regards to this outcome? What are some of the challenges you want to overcome?

Takeaway

Tips for benefitting from this conference:

- Using your outcome above as a reference, browse through the conference program listing and description of the topic to prioritize the sessions you want to attend. You can always refer to the recordings. Less is more.
- Have a conducive space and environment when you are attending the session. Set an intention for learning. Get yourself in the useful emotional state and physiology for optimum participation.
- Focus on turning your learning points into actionables: what can you do about it!

What is your key takeaway from the session/topic/speaker?

Session/topic/speaker:

Key Takeaways:

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Key Takeaways:

Applications and follow through

From the above key takeaways, how would you apply them to support your progress towards your outcome stated above?

a) What would you do more of, less of or change in order to best achieve your outcome?

- **Mindset/worldview:**

- **Language pattern/questions/approach of communication:**

- **Habits and behaviours:**

- **Emotional state and daily intention:**

- **Daily routine and rituals:**

Enhancing your learning development by sharing with the community

You can also consider enhancing your practice and development of NLP skills by sharing your learning, applications, progress and results with the community of practitioners and your friends who are on similar journey with you.

We are planning on hosting a online webinar session to feature the practical strategies on how practitioners apply the learning from the conference, to give the public audience actionable tips they can benefit from.

Contact us at info@nlpsgasia.com if you are keen on adding value to others.



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Alternative adult learning and development, focusing on a liberal education journey on an unconventional path, where the learning process is more important than the certificate.

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